



# NORTH UNITED SC

## DECEMBER 2025 NEWSLETTER

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- College Soccer Talk
- Winter Happenings
- 2026-2027 Registration Changes
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[northunited.org](http://northunited.org)



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# DOC INSIGHT

*TRUE PLAYER DEVELOPMENT - PATIENCE IN THE PROCESS -  
WHAT A PLAYER IS AT 9, 12, OR 13 TELLS YOU ALMOST NOTHING ABOUT WHAT THEY CAN BECOME*

Alex Inglethorpe, Liverpool’s Academy Director, is blunt about early ranking, it’s almost meaningless.

- ➡ Trent Alexander-Arnold not number one in his group.
  - ➡ Connor Bradley not number one in his group.
  - ➡ Jarell Quansah not number one in his group at that time.
- And you could go through all of them.

Every now and again you see the obvious one, Jude Bellingham at Birmingham and Rooney at Everton. Clear standouts who stayed standouts. They exist, but they’re the exception.

→ Harry Kane shows the reality.  
At Tottenham at 13 he was middle of the group at best. Not on the podium. Gold and silver medalist Harry Kane wasn’t anywhere near it according to Alex Inglethorpe when he was at Tottenham Academy then.

Then Brad Friedel came in one day and said “he finishes like Robbie Fowler”.  
→ No backlift.  
→ Hits the ball hard.  
→ Finds corners.  
That single comment shifted the perspective.



These players didn’t announce themselves as prodigies, they grew. They changed physically, mentally, technically, socially.

Someone recognised the direction they were moving in, not the snapshot they were frozen in.

Do not obsess over the podium instead of the trajectory. We must focus on the “long runway” instead of the “quick takeoff”.

Alex Inglethorpe’s message is brutal but accurate:

- Don’t children by where they sit in the pack.
- Judge them by what their behaviours, mindset and habits suggest they might become

As a club, we continue to support player development at all levels through:

- Player Development Training (PDT) for 9U-12U
- Developmental Curriculum and Coach Education
- Pool training opportunities and common field training (13U+)
- A proven record of player progression

## December Teams of the Month - RESPECT

The core values of North United SC are Unity, Humility, Passion, Respect and Tradition. Our aim it to recognize, and celebrate, the contributions of players towards our values as representatives of the club. The theme of the month of December is RESPECT. From our core values definition:

- Players will learn, and demonstrate, respect of people and the sport through their actions.
- We will respect our opponents, the referees, our coaches and parents of both teams before, during and after games as well as respect for our equipment and uniform.



Our 12U Boys Gold team has demonstrated respect and continue to grow as young men into something we are proud of! The boys are led by coach Grant and Mike Johnson who are amazing role models for them not only in soccer but of how to handle themselves off the field. An outstanding representation of respect!



Our 14U Girls Gold team had an amazing fall season finishing 5-0-1 and third place in the TCSL Final Four. The team also has some amazing personalities and demonstrate respect each time they take the field for practices or games! It is a team that you will want to checkout to feed off their positive energy and watch some great soccer!

**North United SC - Dec. 2025**

**COLLEGE SOCCER TALK - JANUARY 14th**

**6:00-8:00pm**  
**Alexander Room @**  
**City of Ramsey Building**

Soccer looks different for everyone! Whether you are looking to continue playing club soccer in college or you have your sights set on playing collegiately or in MLS, our goal is provide you with pathways to accomplish your goals!

North United SC currently has players at every division of college soccer (D1, D2, D3, NAIA and JuCo) as well as players in Minnesota United and other professional academies. Come learn the myths and truths of the college soccer process!



## WINTER 2025 GOALIE TRAINING

Our Winter Goalie training is position specific training for our players who keep us in games! Join Fred Guenther (goalie director), Cassidy Lehrke (Ms. Soccer Candidate and D2 player) and Bre Bernardson (D2 player) to build confidence in the fundamentals of the position while enjoying training with a small group of others who have the same goals!

The training is open to goalies 12U-19U and requires registration so we can plan for numbers and space. Please complete the link below if you are interested!

[GOALIE REGISTRATION LINK](#)

Be on the lookout for more winter camps, and training, to come!

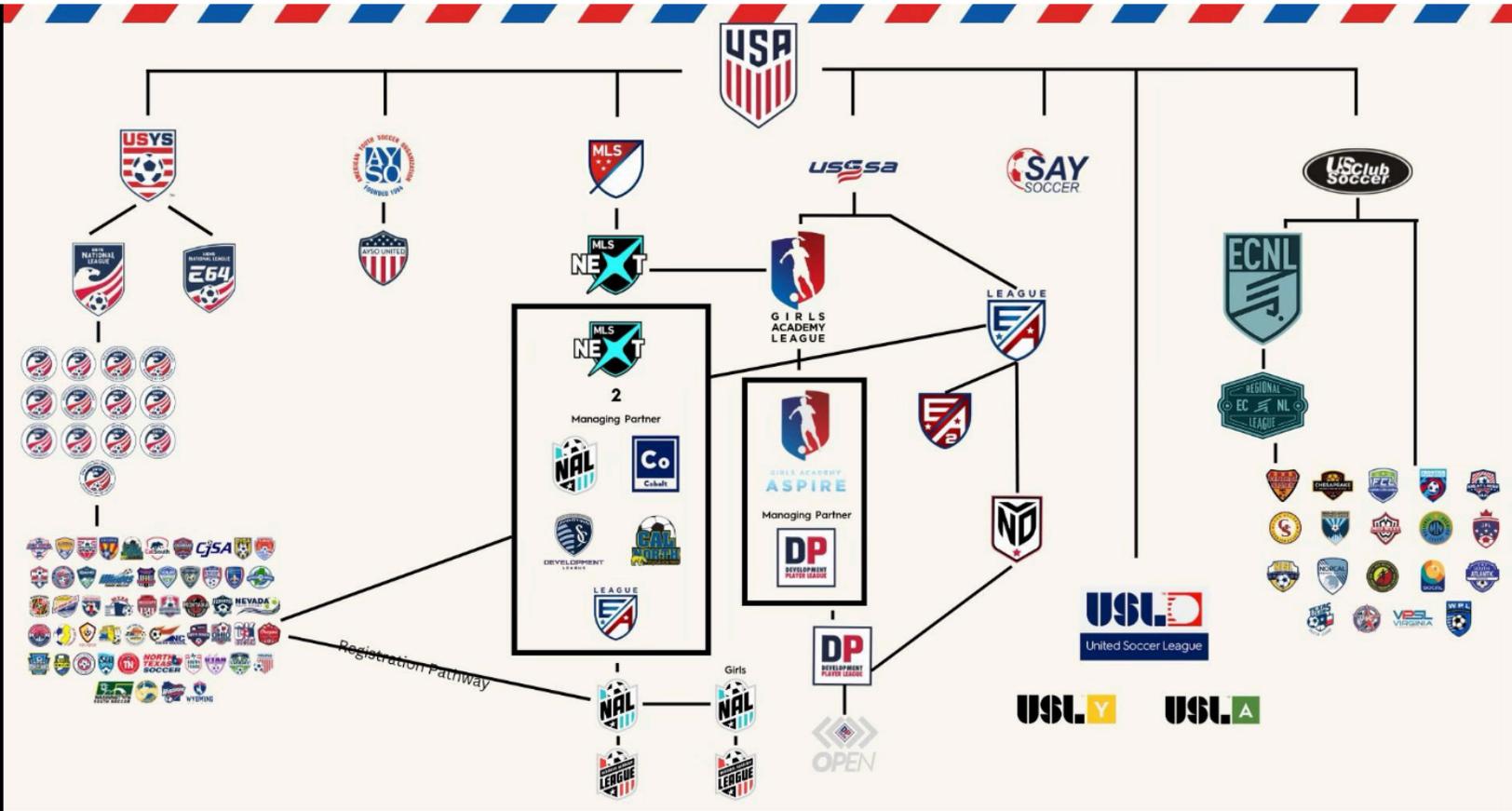
# REGISTRATION CHANGES 2026-2027

On March 5th, US Club Soccer, US Youth Soccer and AYSO, representing the majority of youth soccer registrations in America, announced changes to age group formation. In June of 2025 the age group formation was changed to August 1 - July 31 (instead of by birthyear) to go into effect with the 2026-27 soccer year. As a member of US Club Soccer, TCSL will adopt these changes and support membership with aspects related to this transition.

In TCSL's survey of club membership, 77% were in favor of a switch to a calendar more aligned with "school year" registration. With that said, we recognize the anxiety that comes with such a change. Age group formations by birth year were a new concept 6 years ago and there was also anxiety and fear of the unknown. We anticipated this change happening and have already been creating plans as a club. We will communicate more as we receive information.

We are looking forward to the opportunities that will come in 2026!





# League Structures of Youth Soccer

As you may or may not know, the youth soccer landscape in Minnesota, and the United States, is changing once again as we enter into the 2025-2026. You can read a detailed breakdown that was sent out to club members [here](#) of all the various levels that will now exist within the state.

North United SC was created as a partnership between two clubs with common interests of developing players, and people, in a competitive environment while also keeping costs to our soccer families realistic. We want to be a home for kids looking to play soccer for fun and those looking to advance their soccer careers to the collegiate and professional level.

Basically, the goal was to create a club that doesn't dive into all the acronyms of the youth soccer scene (as you can see in the graphic above) and charge you more money to do that while still experiencing the same exact thing or having an opportunity close to home that doesn't cost you that amount of money. Our club continues to grow but our commitment to you, and your family, will stay the same.

As we look forward to a great last few months of the summer season, we also look forward to continuing to provide a club that allows for all players to have an opportunity to play at a level that allows them to achieve their goals while making sure we aren't having you pay unnecessary costs. Thank you for your continued support and we look forward to continuing to grow soccer for the right reasons in our communities.

*Aaron Lindquist*      *Todd Dusosky*

Directors of Coach and Player Development



North United Soccer Club will soon be hosting an exciting opportunity for players to expand their soccer resume!

Todd Dusosky will be coordinating information regarding a trip abroad for players to continue to grow their love of the game and show their skills on an international stage! Stay tuned!



North United Soccer Club serves over 39 communities in the north metro, enhancing the lives of over 600 players in competitive soccer. Varying levels of sponsorship are available.

[northunited.org](http://northunited.org)

[sponsorship@northernlightsoccer.org](mailto:sponsorship@northernlightsoccer.org)

- PURPLE
- BLUE
- NATIONAL
- CHAMPIONS
- PREMIER

SPONSORSHIP



North United Soccer Club is committed to providing opportunities for all to play. If you, or your business, are interested in giving back to others, helping provide a playing and training environment that is high quality and supporting your local community we have many levels of sponsorship available! Please reach out to [sponsorship@northernlightsoccer.org](mailto:sponsorship@northernlightsoccer.org) for more information.



North United SC thanks our current uniform sponsor, from 2024-2026 and look forward to continued partnerships in the future!

